

Interactive Programme on Mental Health Issues

Lady Keane College Alumni Association is concerned about different kinds of stresses that students are facing in today's life. Hence, it was felt that an interactive programme on mental health issues is of utmost importance to students. On this basis, the association had organised such a programme on the 10th of May, 2023 for the Fourth Semester students at 1:00 PM in the College Seminar Room. There were **71 students** who attended the programme. The programme was hosted by Dr. Carefulness Dirborne who invited Dr. D.K. B Mukhim, Principal, Lady Keane College for the welcome address and Ms. M. Laloo, General Secretary, LKC Alumni Association for the introductory speech. Resource person, Shri Truman E Basaiawmoit - Psychologist, District Mental Health Programme, East Khasi Hills District, Shillong; successfully presented and interacted with students who raised a lot of questions and sought his suggestions. This meaningful programme ended with a vote of thanks from Ms J. Begum, Vice President, LKC Alumni Association.





Shri Truman E Basaiawmoit presenting on mental health issues

Lady Keane College, Shillong
Interactive Programme on "Mental Health Issues"
 organised by Lady Keane College Alumni Association

Date: 10th May, 2023
 Venue: College Seminar Hall
 Time: 01:00 PM onwards

Sl. No.	Name of the Participants	Semester	Signature
1	Pinkybarwar Pakem	BSc 4 th sem	Pakem.
2	Telone Debbarna	BSc 4 th sem	T. Debbarna.
3	Sumita Ahomwile	BSc 4 th sem	Sumita
4	PHILABINGHUN LAMARÉ.	BSc 4 th Sem	P. Lamaré.
5	Delfi Dausilla Shabong.	BSc 4 th Semester	D. Shabong.
6	Manisha Sarima	BSC 4 th Sem	Manisha Sarima
7	Moon Bahar Mazumdar	B Sc 4 th sem	Moon Bahar
8	Dauanbet Shullai.	BSC 4 th Sem	D. Shullai.
9	Ainosis Muklein	B. SC 4 th sem	A. Muklein
10	Teahunshisha Ksharsati	Bsc 4 th sem	T. Ksharsati
11	Muskaan Gupta	Bsc 4 th sem	M. Gupta
12	Spainlangki Sara	Bsc 4 th Sem	S. Sara
13	Ebarmon Lyngdoh Tongkhar	BSc 4 th Sem	E. Lyngdoh
14.	Barisuk Dyiemlich	BSc 4 th Sem	B. Dyiemlich.
15.	Philapymbiang Hojin	BSc 4 th Sem	P. Hojin
16	Kashyap Kashyap	BSc 4 th sem	K. Kashyap.
17.	Gayali Saharia	BSc 4 th Sem	G. Saharia
18	Anna Pangambam	BSc 4 th Sem	A. Pangambam
19.	Tracy Dinam	BSc 4 th Sem	T. Dinam
20.	Alicé Maharabam	BSc 4 th sem	A. Maharabam
21.	Chitame Marak	BSC 4 th sem	C. N. Marak
22.	Pooja Kumari	Bsc 4 th sem	P. Kumari
23.	Ungan Dhamu	BSc 4 th sem	U. Dhamu
24	Sailin Akhar	BSC 4 th semester	S. Akhar.
25.	Felicity Khawcan	BSc 4 th Semester	F. Khawcan
26	Lapynbuk Khongwar	Bsc 4 th semester	L. Khongwar

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Sl. No.	Name of the Participants	Semester	Signature
1	Phena Loham	4 th Semester	Phena
2	Nang Khalina Mannow	4 th semester	Khalina
3	Nang Kimichanta Mannow	4 th Semester	Kim
4	Kim Songthing	4 th semester	Kim
5	Daiamwlang Lymphoi	4 th semester	D. Lymphoi
6	Murher Thabal	4 th Semester	M. Thabal
7	Amisha Suting	4 th Semester ^{BSC}	A. Suting
8	Daphisha Sndutang	4 th Semester	D. Suting
9	Emika Lymshiang	4 th Semester	Lymshiang
10	Indaniewkoy Iowphriaw	4 th Semester	Iowphriaw
11	Iaphilonam Nongnum	4 th Semester	Nongnum
12	Phinsaiabiet Lymghoh Mairang	4 th Semester	P. & Mairang
13	Naphisabet Marwein	4 th Semester	N. Marwein
14	Balakyekhu Muktiel	4 th semester	B. Muktiel
15	Dafica Jyrua	4 th ^{BSC} Semester	D. Jyrua
16	Bananusha Gyimlieh	4 th Bsc Semester	B. Gyimlieh
17	Ibanikynti Sun	4 th Bsc semester	I. Sun
18	Evahanlang Kharamuid	4 th Bsc Semester	Kharamuid
19	Satispy Nongkynih	4 th Bsc Semester	Nongkynih
20	Hebairien Pathaw	4 th Bsc Semester	Pathaw
21	Risakmenlang Pathaw	4 th Bsc Semester	R. Pathaw
22	Naphisabet Shodap	4 th Bsc Semester	Shodap
23	Rosalpen Lymgdah Pyngrape	4 th Bsc semester	Pyngrape
24	Fealty Nongnum	4 th Bsc semester	Nongnum
25	Aibanryiang mairang	4 th Bsc semester	Mairang
26	Sujata Dutta	6 th BA sem	S. Dutta

